

CONGREGATIONAL'S NOTES

Family Life Community Church, 1111 H St. Union City CA 94587 10/18/2026

SHEPHERDING & CARE – WEEK 3

FALLEN DOESN'T MEAN FINISHED

Text: Galatians 6:1–2

Big Idea: When someone falls into sin, spiritual people do not crush them, excuse them, or abandon them.
We restore them gently, carry their burden, and guard our own hearts.

BIG IDEA

Fallen does not mean finished.

God calls His people to restore gently, stay humble, and help carry burdens.

INTRODUCTION – WHEN SOMEONE FALLS

Every believer has faced moments of falling.

Galatians 6 shows us how spiritual people respond:

Not with harshness.

Not with abandonment.

But with restoration.

1. RECOGNIZE THE FALL, BUT DON'T REDUCE THE PERSON TO THE FALL

“If a man is overtaken in any trespass...” — Galatians 6:1

- Someone fell.
- Paul does not deny the sin.
- But he refuses to make the failure their identity.

Key Truth:

Failure can be serious without being final.

Reflection:

Do I see the person — or only their failure?



2. RESTORE GENTLY, NOT HARSHLY

“Restore such a one in a spirit of gentleness.” — Galatians 6:1

- Restore = mend, repair, set right.
 - Gentleness is strength under control.
 - Restoration is not pretending nothing happened.
 - It is helping someone return to spiritual health.

Key Distinction:

Forgiveness may be immediate.

Trust may take time.

Reflection:

When I correct people, do they feel I want them restored — or punished?



3. STAY HUMBLE WHILE YOU HELP

“Considering yourself lest you also be tempted.” — Galatians 6:1

- Helping someone stand requires watching your own footing.
- Pride is also a fall.
- Humility remembers: “I need grace too.”

Reflection:

Do I compare my strength to someone else’s weakness?



4. CARRY THE BURDEN, NOT THE GOSSIP

“Bear one another’s burdens...” — Galatians 6:2

A burden is something too heavy to carry alone.

Burden-bearing includes:

- Prayer
- Accountability
- Encouragement
- Walking with someone through restoration

Key Warning:

There is a difference between carrying a burden and carrying a story.

Reflection:

When someone shares their struggle, does it become prayer — or information?

CHRIST-CENTERED CONNECTION

Restoration fulfills the law of Christ — the law of love.

Jesus:

- Came near
- Told the truth
- Confronted sin
- Carried our burden
- Restored broken people

Because Christ carried our greatest burden at the cross, restoration is possible.

CALL TO ACTION — FOUR WORDS

i. RESTORE WITH GRACE

- ☐ Help the person move toward spiritual health.

ii. RESPOND GENTLY

- ☐ Tell the truth without crushing them.

iii. **CARRY THE BURDEN**

- ☐ Walk with them through restoration.

iv. **FULFILL THE LAW**

- ☐ Love them the way Jesus loves — with truth, grace, patience, humility, and sacrifice.

TAKE-HOME TRUTH

Fallen does not mean finished.

Restore gently.

Stay humble.

Carry burdens.

Fulfill the law of Christ.